



# **STANDARD OUTSIDE CENTERS ACTIVITIES**

### 3.2 Safety Standards to run cultural activities outside the centre.

(In cultural places like theatres, cinemas, museums...) Do not forget the psychological level within your standard proposal.

(Ratios, itinerary, n° of persons, accessibility conditions)

3.2.1: Standards and procedures explanation

## DESCRIPTION OF THE STANDARD – WHAT WE DO

1. **Active Citizenship** – We have a duty to ensure we don't leave anyone out, even if they may have additional needs that we must support in engaging with cultural activities in our community.
2. **Safety & Planning** Link with external partners more to ensure that safety protocol is in place
3. **Adapted Activities** so that social distance and mask wearing could be incorporated to the creative process
4. **Adapted Environments** Created New - Outdoor Theater Experiences, Incorporated Hybrid experiences and worked more with space in the environment.

## JUSTIFICATION OF THE STANDARD – WHY WE DO IT

Why We Set This Standard – Explained Simply

We learned a lot from the Covid-19 pandemic, and it made us realize we need extra safety steps for cultural trips outside the center. Things might be different in the future, and there could be new rules or reasons for them. We share what to do when planning trips away from the center.

Supporting Active Citizenship, we need to make sure people with disabilities aren't left out of society. Sadly, this happened in Europe during the pandemic. But thanks to strong voices from the disability community, many people were able to take part in their communities again. The UNCRPD's Article 30 says people with disabilities have the same rights as everyone else to join in cultural activities. No one can take away these rights just because they think it's safer for the person to stay home. We have to listen to what the person wants and let them make their own choices.

Making Safety Plans and Working with Others for Better Safety Rules – In simple terms, we need to make sure people with disabilities can join in social activities safely. They should be able to take part in cultural events that everyone can enjoy. Being isolated because of health worries can make people with disabilities feel even more left out.

Changing Activities for Everyone's Needs – We have to make sure activities can still happen, even if we need to change them because of Covid. Some people liked the changes, since they had trouble with

activities that were too close to others. But for others, it was hard not to hug or shake hands. We had to adjust the activities so everyone felt supported. We used extra items to help people feel connected and encouraged them to express themselves.

Changing Places for New Outdoor Theater Experiences – To keep everyone safe, we sometimes needed to follow safety rules in different ways. When there wasn't enough indoor space, we moved creative workshops outside in good weather. This let people have more freedom and express themselves. If groups had to be inside, we needed lots of planning and help to make it safe. Places changed their layouts to give people more room, and they added things like check-in desks and hand sanitizer stations all around the building.

Below are indicators to look out for when organizing cultural outings outside the center.

## **PROCEDURES – HOW WE DID IT**

### **Active Citizenship**

**Disability Service Provider (DSP) Offered support** to individuals before they decide to engage in external activities.

**DSP Upskilling participants in the safety measures** and rules that they need to follow when they are outside their day centre at the external venue. We do this through role play, instruction led sessions and simulation activities.

### **Safety & Planning**

**DSP Checked the Health Status** of individuals and support staff before they engaged with an activity. Have contact details to hand of who to contact in case of emergency.

### **DSP Find out How many people will travel and how they will travel?**

Figuring Out Travel Plans for Everyone

1. Learn how everyone will get to the event.
2. Share travel plans and contact info so the group can stay informed.
3. Decide how many people can travel together safely.
4. If using public transport, think about which options are less risky for catching germs.
5. Avoid busy times like rush hour.
6. Make sure there's good airflow and open windows.
7. Wear a mask.
8. Know how far away the place is.
9. Stop along the way so people can go outside, take off their masks, and breathe in a safe open space.

10. Check that the place has safety measures in place before going in.

### Understanding the Workshop

1. What's the schedule and how long will the workshop last?
2. Are we familiar with the place?
3. How many people will be there?
4. What safety measures does the place have?
5. Will everyone wear masks?
6. Will instructors wear masks?
7. Will we come in contact with the public?
8. Will the public wear masks?
9. Is there a chance to take a break, eat, or drink without masks, and is it safe to do so?
10. Make sure to know where the nearest medical help is, close to the event's location.

## External Theatrical Provider

### Adapted Activities

- Ensure that the activities are accessible for everyone to ensure that participants psychological wellbeing and safety is supported.
- Share the activities that will take place during the workshop, will there be a lot of moving around or interacting with other participants.
- Ensure there is enough space to give participants 2m distance and still participate in a safe environment.
- Ensure that if this a recurring activity over a few weeks or months that participants are placed into pods (small group of the same people working together each time they meet) to avoid infection.
- Ensure that an attendance list and contact list are gathered before each session to notify in case someone is infected, and others need to be contacted after the workshop.

### Adapted Environments

- Share the layout of the building or even better one of the organisers to go to the venue to ensure suitability for the activity.
- Ensure there hand sanitisation stations set up at the entrance and inside the buildings.
- Ensure there is adequate ventilation and air purifying within the venue to support a safe environment
- Need to provide isolation rooms in case someone becomes ill during a workshop.

<p>The experience gained during the Covid-19 pandemic forces us to think about applying additional protective measures when organizing cultural outings outside the center. In the future, the situation may not be repeated, and the restrictions put in place may be of a different nature or reason. Therefore, in this paper we highlight the factors to consider when organizing outings outside the center.</p>	<p>Why We Set This Standard – Explained Simply We learned a lot from the Covid-19 pandemic, and it made us realize we need extra safety steps for cultural trips outside the center. Things might be different in the future, and there could be new rules or reasons for them. We share what to do when planning trips away from the center.</p>
<p><b>Active Citizenship</b> – We need to avoid social exclusion for people with disabilities, unfortunately, there were several cases of this across Europe during the pandemic but with a growing self-advocate voice from the disability community, many of these discriminations were overturned, and individuals were supported to continue to engage in their community. Under article 30 of the UNCRPD people with disabilities have the same rights as anyone else to engage in cultural activities. These rights cannot be taken away by anyone else because they believe it is in the best interest of the person to avoid risk and to stay at home. We must follow the will and preference of the person and allow them to make their own decisions.</p>	<p>Supporting Active Citizenship, we need to make sure people with disabilities aren't left out of society. Sadly, this happened in Europe during the pandemic. But thanks to strong voices from the disability community, many people were able to take part in their communities again. The UNCRPD's Article 30 says people with disabilities have the same rights as everyone else to join in cultural activities. No one can take away these rights just because they think it's safer for the person to stay home. We have to listen to what the person wants and let them make their own choices.</p>
<p><b>Safety Planning and Liaised with external partners more to ensure that safety protocol was covered</b> Wanting to protect people with disabilities, every effort should be made to ensure that social rehabilitation takes place in a safe manner. People with disabilities should participate in cultural events that are accessible to everyone. Isolation due to health concerns can lead to increased social exclusion among people with disabilities.</p>	<p>Making Safety Plans and Working with Others for Better Safety Rules – In simple terms, we need to make sure people with disabilities can join in social activities safely. They should be able to take part in cultural events that everyone can enjoy. Being isolated because of health worries can make people with disabilities feel even more left out.</p>

<p><b>Adapted Activities</b> We need to ensure that activities can still take place but realise that these had to be adapted during covid. Some of these adaptations were welcomed from some participants who struggled with proximity activities with others. For some this was a struggle not to be close with others and share handshakes and hugs. For both these experiences activities had to be adapted so that the needs of everyone could be supported. Additional props were introduced to create engagement and togetherness and self-expression was encouraged.</p>	<p>Changing Activities for Everyone's Needs – We have to make sure activities can still happen, even if we need to change them because of Covid. Some people liked the changes, since they had trouble with activities that were too close to others. But for others, it was hard not to hug or shake hands. We had to adjust the activities so everyone felt supported. We used extra items to help people feel connected and encouraged them to express themselves.</p>
<p><b>Adapted Environments</b> Created New - Outdoor Theater Experiences We need to ensure that the safety measures outlined above could be followed and, in some cases, where there was not a lot of indoor space available a number of creative workshops moved outdoors during the good weather so that participants could have a less controlled environment and support self-expression. Where groups had to work together indoors there was a lot of planning and support needed to ensure safe environments. Venues began to change the layout of their spaces providing larger spaces so individuals could spread out and safety measure like check in desks and hand sanitisation stations were set up throughout the building.</p>	<p>Changing Places for New Outdoor Theater Experiences – To keep everyone safe, we sometimes needed to follow safety rules in different ways. When there wasn't enough indoor space, we moved creative workshops outside in good weather. This let people have more freedom and express themselves. If groups had to be inside, we needed lots of planning and help to make it safe. Places changed their layouts to give people more room, and they added things like check-in desks and hand sanitizer stations all around the building.</p>

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### Adapted Environments

- Share the layout of the building or even better one of the organisers to go to the venue to ensure suitability for the activity.
- Ensure there hand sanitisation stations set up at the entrance and inside the buildings.
- Ensure there is adequate ventilation and air purifying within the venue to support a safe environment
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## Checklist to Engage in Community Cultural Activities

1. Active Citizenship	Achieved
Offer support to engage in external activities.	
Upskilling participants in the safety measures and rules	

2. Health and Safety Planning	Achieved
Recorded current Health Status of individuals	
Confirm number of participants	
Confirm Transport method & appropriate time	
Contact details of those travelling independently	
Mask & adequate ventilation during transport	
Understand the layout of the building through diagram or visit	
Have details of the nearest medical	
Clear information of number of participants	
Understand safety measures and rules	
Will everyone both involved and, in the building, wear masks	
Will there be breaks where masks may be removed for eating or drinking	

3. Adapted Activities	Achieved
Ensure that activities are accessible and support psychological safety of all	
Understand the activities planned for the workshop	
Clear pods identified to avoid contamination	
Attendance list and contact details ready to share	

4. Adapted Environments	
Hand sanitation stations set up around the venue	
Adequate ventilation and air purifying	
Isolation room available	